

# World Record attempt in longest underwater walk

**On Sunday, July 22 2018, the Stuttgart diving club TC Manatees and the freediver Thomas Plum will attempt to beat the current world record in longest underwater walk with just one breath.**

Apnea diving or freediving is considered the oldest and most original form of diving. It means diving for as long, as far, or as deep as possible while holding one's breath, i.e. with one breath only at the start.



What is the longest underwater walk? Underwater walking is about walking as long as possible under water with just one breath. The athlete must be entirely under water and always in touch with the pool floor with at least one foot. In order to counter buoyancy Thomas Plum will carry about 15 kg of additional weight. Underwater walking is not a classic freediving discipline, but big wave surfers often use it to train themselves to hold their breath after a fall in big waves.

The current Guinness World Record is 79.94 meters and was set in 2015 in Turkey. Thomas Plum will try to walk underwater for more than 80 meters while holding his breath.

Thomas Plum is a successful freediver and certified freediving instructor. He is a member of the freediving coach team in the Stuttgart club of TC Manatees where he also trains. He is a multiple club champion and has already managed to set 13 club records in various disciplines. In 2017, he won two gold medals in the Newcomer category at his first international competition. At his first German Championships, Thomas won the bronze medal in the discipline "distance diving without fins".

The Stuttgart Diving Club Uni Stuttgart Manatee e.V. is an association for scuba diving and freediving. The apnea or freediving group regularly trains at the Badezentrum Sindelfingen, organizes competitions and record attempts, and has already produced some outstanding athletes with remarkable performances and national records. Today's attempt is their first world record attempt.

The world record attempt will take place during the Splashdiving World Championships 2018, where the best athletes will participate in the Badezentrum Sindelfingen from the 21st to the 22nd of July. They are passionate, conscientious and careful; always creative; always brave. And while high demands are placed on the athletic and mental fitness of the athletes in Splashdiving and underwater walking, it is also a lot of fun.

The Badezentrum Sindelfingen is the largest sports and family bath in the Stuttgart region. It offers an indoor and outdoor swimming pool, sauna and various sports facilities.

## When and Where

**Date:** July 22, 2018

**Starting time:** 11:50 am (may shift depending on weather conditions)

**Location:** Badezentrum Sindelfingen, Hohenzollernstraße 23, 71067 Sindelfingen

## Related Links

The world record in detail: <https://www.splashdiving.com/guinness-wr-without-air/>

Diving Club TC Manatees: <http://www.tc-manatees.de/>

Thomas Plum / Freediving & Yoga: <http://www.freediving-and-yoga.com/>

Badezentrum Sindelfingen: <http://www.badezentrum.de/>

Splashdiving World Championchips: <http://www.splashdiving.com/twc-sd-2018/>

**Current Guinness World Rekord:**

<http://www.guinnessworldrecords.com/world-records/longest-underwater-walk>

**Video of the current Guinness World Record:**

[https://m.youtube.com/watch?v=7EivOWMN\\_tM](https://m.youtube.com/watch?v=7EivOWMN_tM)